

Technical note

Remote motion capture protocol for transferring 3D motion data to remote locations in real time

1 Shun IRIE^{1,†,*}, Takashi KOBORI^{1†}, Kazuki SUMI^{1†}, Atsumichi TACHIBANA², Yihan QIAN³,
2 and Kaori MAKIFUJI³

3 1 Division for Smart Healthcare Research, Dokkyo Medical University, Mibu, Tochigi, Japan

4 2 Department of Anatomy, Dokkyo Medical University, Mibu, Tochigi, Japan

5 3 e-skin Business division, Xenoma Inc., Tokyo, Japan

6 † Equally contributed to this work

7 * Correspondence: s-irie360@dokkyomed.ac.jp; Tel.: +81-282-87-2492

8

9 Running Title: Real-time remote 3D motion data transfer protocol

10

11 **Abstract**

12 The demand for telemedicine systems has increased following the COVID-19 pandemic.
13 Conventional telemedicine systems provide video and acoustic transferring functions using
14 smartphones and other communication systems. However, it is difficult to use conventional
15 telemedicine systems in rehabilitation fields because they require real-time motion data from
16 patients. Here, we suggest a novel system for transferring three-dimensional (3D) motion data to
17 remote places in real time, which is named the “remote motion capture protocol (RMCP).” The
18 RMCP runs on the conventional game engine and multiple operation systems, such as Windows,
19 Mac OS, and Android. It can transfer the 3D motion data of users to remote locations with a delay
20 of less than 500 ms using remote procedure calling. Additionally, any type of motion capture is
21 available in this system if it is compatible with the conventional game engine. This technical note
22 describes the basis of the system, sample applications, and usages of RMCP.

23

24 **Keywords:** remote motion capture, 3D motion data, telemedicine

25

26 **1. Introduction**

27 In recent years, the demand for telemedicine systems has surged, largely driven by the
28 challenges posed by the COVID-19 pandemic. The concept of telemedicine has existed since
29 1924, but the first operational system was launched in 1977 [1]. This pioneering telemedicine
30 system comprised mobile camera units and a monitoring center for remote users and medical
31 centers, respectively [2,3]. The remote users, which included physicians and nurses along with
32 patients, received real-time treatment instructions from the medical center. Although a video-
33 based system was too expensive at the time, the developed system was recognized for its
34 advantages in communication quality over auditory-based systems, particularly in clinical settings.

35 Since 2010, rapid advancements in smartphone technologies have contributed to
36 popularizing telemedicine systems as they can be used to easily transmit videos of patients and
37 health-related data [1,4]. Recent technological developments have enabled the use of telemedicine
38 systems in home medicine, going beyond their role as hubs between primary care physicians and
39 medical centers [5–7].

40 In particular, the field of rehabilitation has experienced significant advancements
41 through the application of telemedicine techniques known as telerehabilitation [8]. Traditionally,
42 most telerehabilitation systems have incorporated video and auditory communication systems,
43 alongside conventional telemedicine systems [9,10]. In recent developments, telerehabilitation
44 has evolved to include real-time transmission of vital motion data via the Internet. It opens up
45 possibilities for replicating realistic rehabilitation environments in cyber spaces, such as the
46 metaverse, using virtual reality techniques [11,12]. However, existing telerehabilitation
47 techniques, particularly those involving the transmission of motion data, often lack compatibility
48 across various platforms and devices.

49 Therefore, in this study, we introduce a novel three-dimensional (3D) motion

50 transportation technique termed “remote motion capture protocol (RMCP)” in the Unity C#
51 environment, which enables developers of telemedicine to include the motion capture system in
52 their own applications. This technical note describes the system overview and experimental
53 conditions, and provides a description of each script and a sample application.

54 **2. Systems**

55 Figure 1 presents an overview of the systems employed in this study. The RMCP
56 extracts bone information (root position and local joint rotations) from avatar objects controlled
57 by a motion capture system at the patient-end. The extracted bone information is transferred to
58 the doctor-end in real time. Furthermore, the avatar object can be moved in the same manner as
59 the patient using remote procedure call (RPC) functions.

60 In Unity environments, the RMCP is independent of the motion capture system.
61 Furthermore, the scripts for the motion capture system in the patient-end were disabled in the
62 doctor-end to prevent conflict errors. In this study, three types of motion capture systems are used,
63 and a depth camera and inertial measurement unit (IMU) sensors are used to create test
64 environments.

65 **2-1. Motion-capture system**

66 For motion capture, we employed an IMU-based system (e-skin MEVA; Xenoma Inc.,
67 Tokyo, Japan) and depth-imaging-based system (iPi Studio; iPi Soft LLC, Moscow, Russia) for
68 verification. The e-skin MEVA utilizes IMU sensors embedded in wearable e-textile clothing [13].
69 For the depth-based system, the depth camera (Azure Kinect DK, Microsoft, Redmond, WA) was
70 located 3.0 m from a test user, with specific camera parameters (Height: 1.1 m, accelerometer, x:
71 1.78 m/s^2 , y: 0.01 m/s^2 , and z: -9.72 m/s^2). For each motion capture system, we utilized a sample
72 scene from official Unity SDKs for further development. The proposed RMCP is available for
73 any motion capture system with Unity C# SDKs.

74 **2-2. Server system**

75 We used a photon server (Exit Games, Hamburg, Germany) with photon unity
76 networking 2 (PUN2). As shown in Fig. 1, the system environment is divided into two ends:
77 patient (motion capture) and doctor (remote receiver). At both ends, the prefab named
78 “ServerPrefab.prefab” with C# scripts (ServerPrefab.cs) was placed on the hierarchy. This prefab
79 has the functions of setting up the server and instantiates the avatar when the system is switched
80 on (Fig. 2A). It is necessary to sign up for the photon server account to obtain the app ID from
81 the photon dashboard.

82 In addition, we created another C# script named “RMCprotocol.cs” and attached it with
83 scripts of the motion capture system onto the avatar prefab in the resource folder. The type of
84 avatar must be set as humanoid in Unity environments. The script loads the avatar information
85 when it is instantiated, and the bone information comprising the local rotation of each bone and
86 root position is continuously transferred as byte array data (Fig. 2B). The conversion of bone data
87 to a byte array was conducted only when the avatar was at the patient-end. The motion of the
88 avatar instantiated at the beginning of the patient-end was updated at the doctor-end using the
89 RPC of the photon server, thereby enabling the simultaneous display of the avatar motion at both
90 ends. Additional information on the application programming interface (API) can be found in
91 API.md.

92 **2-3. Sample applications**

93 Figure 3 shows two personal computer displays of sample applications with the RMCP
94 for e-skin MEVA (A) and iPi Studio with Azure Kinect DK (B). The displays were merged using
95 an HDMI capture system (USB-CVH DUVC5; Sanwa Supply, Okayama, Japan). The sample
96 applications comprised patient- and doctor-end systems connected to another Wi-Fi network (5
97 GHz bands). Test users in our team were asked to perform the two poses shown in Fig. 3C.

98 Subsequently, we compared motions of the avatar presented on the two computers, simultaneously.
99 Evidently, the avatar motions in the patient-ends were successfully transported to the doctor-ends
100 within a delay of ~500 ms in both the conditions using e-skin MEVA and Azure Kinect DK (Figs.
101 3A–B).

102 **2-4. Usage note**

103 We verified that OS such as Windows (beyond version 10), Mac OS (beyond version
104 13.4.1), and Android (beyond version 13) can be used with this system. The development
105 deployment must be turned off while building in Android environments. All permissions for
106 copyrights belong to Dokkyo Medical University; however, the source codes of this system are
107 available to all users without any confirmation if the citation information is provided in the codes
108 and manuscripts of the research.

109 **2-5. Code availability**

110 The source code can be downloaded from the GitHub repository
111 (https://github.com/shun-irie/RMCP_Dokkyo) following the publication of this technical note.
112 Moreover, sample applications (source code and/or compiled applications) are available upon
113 request (<https://forms.gle/AY6vgDyH7oqRAftw5>) from the corresponding author.

114 **3. Discussion**

115 We demonstrated the use of the RMCP for IMU-based and depth-camera-based motion
116 capture systems. In the RMCP, anyone can transfer 3D motion capture data to a remote location
117 in real time if the motion-capture system has SDKs for Unity environments. In our survey, most
118 motion-capture systems employed Unity SDKs as developers (Table 1). Systems and platforms
119 that can transfer the motion data virtual motion capture (VMC) protocol Marionette
120 (<https://protocol.vmc.info/>), VRChat (<https://hello.vrchat.com/>), and NeosVR (<https://neos.com/>).
121 However, certain motion capture systems are compatible with these systems and platforms owing

122 to lack of common standards for motion capture in this field. On the other hand, the RMCP just
123 requires a unity plugin in their motion capture systems, which enables the engineers to develop a
124 system using the best devices based on their requirements, environments, and costs.

125 Figure 3 presents a comparison of motion capture screens between patient- and doctor-
126 ends, indicating that the delay is within 500 ms, which is close to that of conventional video chats
127 such as Zoom [14]. Therefore, we believe that the system is suitable for telerehabilitation if the
128 voice communication functions are included.

129 However, the RMCP has several limitations. First, it is only available in Unity
130 environments and not in the Unreal Engine. Second, a motion-capture system whose TCP and
131 UDP ports are the same as those of the photon cloud is unavailable. In this case, the developer
132 must construct a gaming server developed by the photon system in its own network and set the
133 port number to avoid interference. Third, the quality of motion data visualization is based on the
134 hardware specifications because the total file size of the software compiled by Unity
135 environments is large. Therefore, we strongly recommend that developers use avatars with few
136 polygons.

137 **4. Conclusion**

138 RMCP is a novel technique for transferring 3D motion capture data to remote locations
139 in a Unity environment. It can be utilized for any motion capture system that satisfies the
140 following two conditions: (1) The motion capture system has SDKs for Unity environments and
141 (2) there is no interference at the TCP/UDP ports between the photon cloud and motion capture
142 systems.

143 In this study, we demonstrated two sample use cases for IMU-based and depth-camera-
144 based motion capture systems. However, this is only a preliminary version of the software;
145 therefore, further development is required to apply it in the field of telerehabilitation.

146 **Author contributions**

147 Software development: S.I., T.K., and K.S. Conceptualization: S.I. and A.T. Experiments: S.I.,
148 K.M. and Q.Y. Writing manuscripts: S.I. Review of manuscripts: S.I., Q.Y., and A.T.

149

150 **Funding**

151 This study was supported by MEXT KAKENHI (S.I., no. 22H05220 and 24H00909) and
152 Research Support Award 2023 of the Dokkyo International Medical Education and Research
153 Foundation (S.I., no. R5-12), and JKA and its promotional funds from KEIRIN RACE (no.
154 2023M-332).

155

156 **Acknowledgement**

157 We thank Dr. Ichiro Amimori (CEO of Xenoma Inc.) and Ms. Mariko Ito (technical staff of
158 Dokkyo Medical University) for their assistance.

159

160 **Conflict of Interests**

161 S.I. received a grant donated by Dokkyo Medical University as research funding for studies
162 conducted on the application of wearable e-textiles in healthcare fields from Xenoma Inc. on July
163 31, 2021.

164

165 **References**

166 [1] Jagarapu J, Savani RC: A brief history of telemedicine and the evolution of teleneonatology.
167 Semin Perinatol **45**(5), 151416, 2021.

168 [2] Grundy BL, Crawford P, Jones PK, Kiley ML, Reisman A, Pao YH, Wilkerson EL,
169 Gravenstein JS: Telemedicine in critical care: An experiment in health care delivery. J Am

- 170 College Emergency Phys. **6**(10), 439–44, 1997.
- 171 [3] Murphy RL, Bird KT: Telediagnosis: a new community health resource. Observations on the
172 feasibility of telediagnosis based on 1000 patient transactions. *Am J Public Health.* **64**(2),
173 113–119, 1974.
- 174 [4] MacKinnon GE, Brittain EL: Mobile health technologies in cardiopulmonary disease. *Chest.*
175 **157**(3), 654–664, 2020.
- 176 [5] Palmdorf S, Stark AL, Nadolny S, Eliaß G, Karlheim C, Kreisel SH, Gruschka T, Trompetter
177 E, Dockweiler C: Technology-assisted home care for people with dementia and their
178 relatives: Scoping review. *JMIR Aging.* **4**(1), e25307, 2021.
- 179 [6] Van Den Heuvel JF, Groenhof TK, Veerbeek JH, Van Solinge WW, Lely AT, Franx A, Bekker
180 MN: eHealth as the next-generation perinatal care: an overview of the literature. *J Med*
181 *Internet Res.* **20**(6), e202, 2018.
- 182 [7] Farias FA, Dagostini CM, Bicca YD, Falavigna VF, Falavigna A: Remote patient monitoring:
183 A systematic review. *Telemed e-Health.* **26**(5), 576–583, 2020.
- 184 [8] Agostini M, Moja L, Banzi R, Pistotti V, Tonin P, Venneri A, Turolla A: Telerehabilitation
185 and recovery of motor function: a systematic review and meta-analysis. *J Telemed Telecare.*
186 **21**(4), 202–213, 2015.
- 187 [9] Kenis-Coskun O, Imamoglu S, Karamancioglu B, Kurt K, Ozturk G, Karadag-Saygi E:
188 Comparison of telerehabilitation versus home-based video exercise in patients with
189 Duchenne muscular dystrophy: A single-blind randomized study. *Acta Neurol Belg.* **122**(5),
190 1269–1280, 2022.
- 191 [10] Özden F, Sarı Z, Karaman ÖN, Aydoğmuş H: The effect of video exercise-based
192 telerehabilitation on clinical outcomes, expectation, satisfaction, and motivation in patients
193 with chronic low back pain. *Irish J Med Sci.* **191**(3), 1229–1239, 2022.

- 194 [11] Berton A, Longo UG, Candela V, Fioravanti S, Giannone L, Arcangeli V, Alciati V, Berton
195 C, Facchinetti G, Marchetti A, Schena E: Virtual reality, augmented reality, gamification, and
196 telerehabilitation: psychological impact on orthopedic patients' rehabilitation. *J Clin Med.*
197 **9**(8), 2567, 2020.
- 198 [12] Truijen S, Abdullahi A, Bijsterbosch D, van Zoest E, Conijn M, Wang Y, Struyf N, Saeys W:
199 Effect of home-based virtual reality training and telerehabilitation on balance in individuals
200 with Parkinson disease, multiple sclerosis, and stroke: A systematic review and meta-analysis.
201 *Neurol Sci.* **43**(5), 2995–3006, 2022.
- 202 [13] Fukuoka T, Irie S, Watanabe Y, Kutsuna T, Abe A: The relationship between spatiotemporal
203 gait parameters and cognitive function in healthy adults: protocol for a cross-sectional study.
204 *Pilot Feasibility Stud.* **8**(1), 1–3, 2022.
- 205 [14] Boland JE, Fonseca P, Mermelstein I, Williamson M: Zoom disrupts the rhythm of
206 conversation. *J Exp Psychol: General.* **151**(6), 1272, 2022.
207

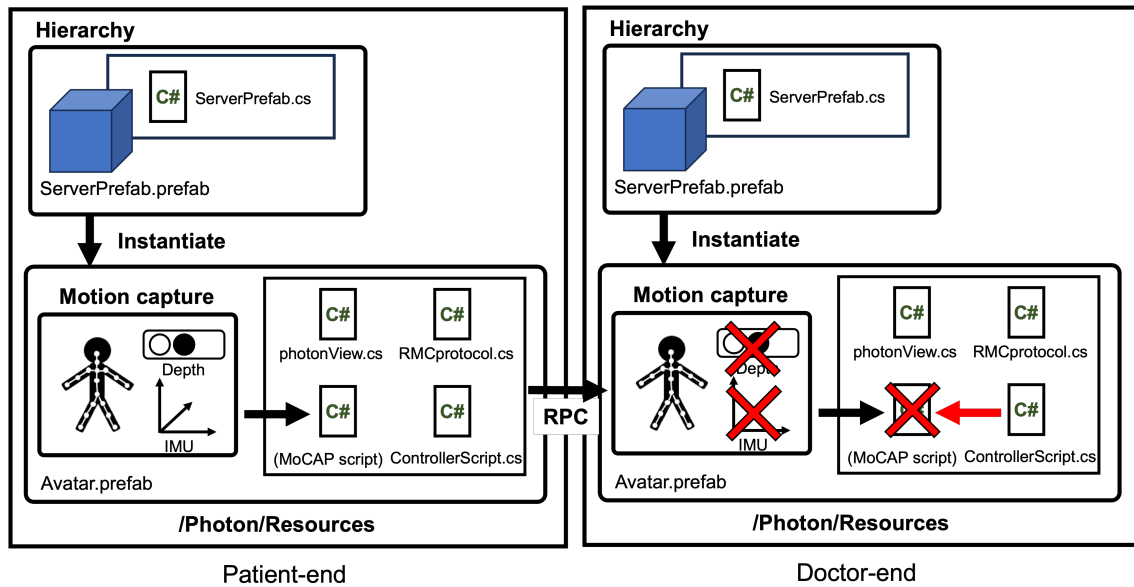
208 Table 1. Support of the Unity SDK

System	Company	Unity SDK	RMCP availability
VICON	Vicon Motion Systems	✓	?
OptiTrack	NaturalPoint, Inc.	✓	?
Xsens	Xsens Technologies B.V.	✓	?
Perception Neuron	NOITOM LTD.	?	?
e-skin MEVA	Xenoma Inc.	✓	✓
mocopi	SONY	✓	✓
Azure Kinect DK	Microsoft	✓	✓

209

✓ Available ? not checked

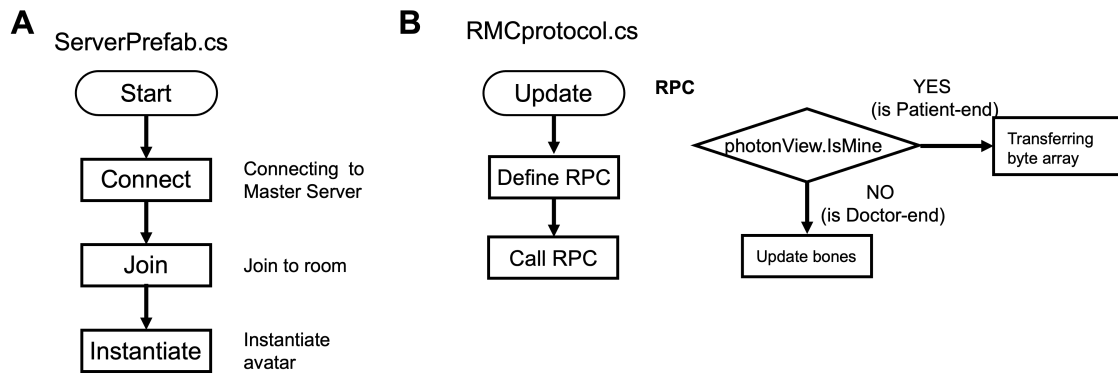
210



211

212 Fig. 1 Overview of RMCP

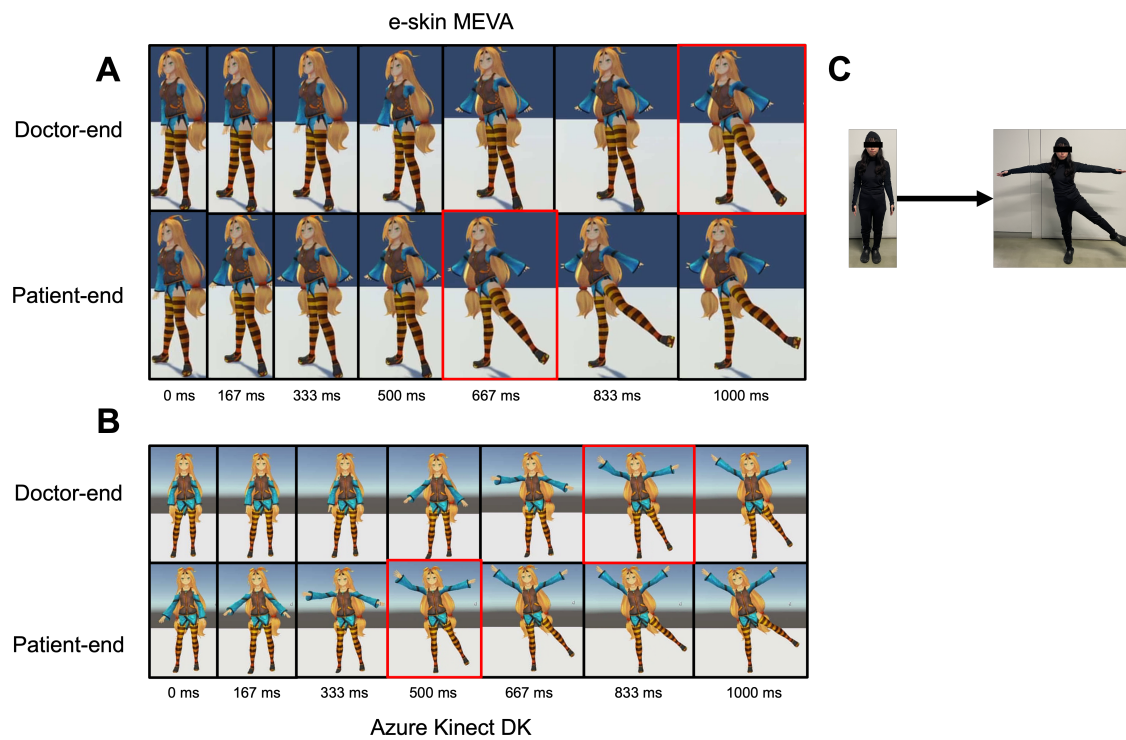
213 The system is divided into two main parts: the patient-end and doctor-end. ServerPrefab.cs in the
 214 hierarchy instantiates the avatar from the Resources folder. Motion capture data are collected by
 215 scripts provided by motion capture vendors (MoCAP script). RMCprotocol.cs transfers the
 216 rotation and position data as a byte array to the doctor-end using RPC, which enables avatar
 217 motion to be synchronized at both ends. At the doctor-end, ControllerScript.cs disables the
 218 MoCAP script to prevent conflict errors caused by the null reference of the motion capture system.
 219



221 Fig. 2. Flowcharts of the source codes

222 **A:** ServerPrefab.cs. The script connects to the photon server, joins the room, and instantiates the
 223 avatar. **B:** RMCprotocol.cs. Once the avatar is instantiated, the animator of the avatar, including
 224 information regarding the bones, is set. Every 0.03 s at the patient-end, the 3D bone information
 225 of the avatar is converted to byte arrays and transferred to the doctor-end (photonView.IsMine =
 226 TRUE). In contrast, the received bone information is used to update the avatar bones at the doctor-
 227 end using RPC (photonView.IsMine = FALSE).

228



229

230 Fig. 3. Demonstration of sample applications.

231 Sample applications of the RMCP in e-skin MEVA (A) and Azure Kinect DK using iPi Studio

232 (B). Images of the avatar were captured every 167 ms. The red squares indicate the timing of the

233 left foot moving away from the floor plane. Test users were asked to perform the following pose

234 (C). The humanoid avatar is “Unity-Chan” and all rights are reserved by Unity Technologies

235 Japan K. K.

236