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2	Title: Characterization of carbohydrates, amino acids, viscosity, and antioxidant capac-
3	ity in rice wines made in Saitama, Japan, with different sake rice
4	Short title: Characterize sugars and amino Acids in rice wines
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#### 1 Abstract

2 We investigated the physicochemical properties Japanese rice wines, including their func-3 tional properties and carbohydrate, amino acid content, antioxidant capacity in rice wines in solution and Physicochemical properties in solid state. Three samples were tested. The glu-4 cose, allose, and raffinose contents in samples (A, B, C) in g/100 g were: (3.47, 3.45, 7.05), 5 (1.60, 1.63, 1.61), and (2.14, 2.75, 1.49), respectively. The total amino acid in µmol/mL was: 6 7 (3.1, 3.5, 4.4). Glutamic acid, alanine, and arginine varied in content across the samples. The viscosity (10 °C) and activation energy (ΔE) calculated using the Andrade equation were 8 (2.81±0.03, 2.74±0.06, 2.69±0.03) mPa · s and (22.3±1.1, 22.0±0.2, 21.3±0.5) kJ/mol, respec-9 tively. Principal component analysis using FT-IR spectra confirmed the separation of the sam-10 11 ples into principal components 2 and 3. The IC<sub>50</sub> values from the DPPH radical scavenging test were (2364.7±185.3, 3041.9±355.1, 3842.7±228.1) µg/mL. Thus, the three rice wines had 12 different carbohydrate and amino acid contents, viscosities, and antioxidant capacities. 13

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15 Keyword: rice wine, carbohydrate, amino acid, principal component analysis, antioxidant

#### 1 INTRODUCTION

2 Rice wine in Japan and other Asian nations is traditionally produced from the hydrolysis products of starch and polysaccharides present in the rice cultivated in countries, such as 3 China, South Korea, Thailand, the Philippines, and Vietnam by Aidoo et al. (1). One type of 4 rice wine produced in Japan is sake, which has a tradition of over 1,300 years and is popular 5 as a national drink in Japan by Kitagaki et al. (2). Sake manufacturing is a complex process 6 that involves adding koji mold to steamed rice to saccharify the starch, then adding water to 7 form unrefined sake, followed by the addition of yeast for alcoholic fermentation. Sake is rich 8 in nutrients such as sugars, amino acids, organic acids, and aromatic compounds and has a 9 rich taste and flavor by Das et al. (3). In addition, different varieties of sake rice (the raw mate-10 rial), malted rice, and yeast allow sake to be enjoyed in different ways. However, because sake 11 12 is an alcoholic product, moderate consumption is recommended.

The adage "A little something to drink is the best medicine" is widely known. Appropriate consumption of alcoholic beverages has been reported to reduce cardiovascular risk by promoting insulin-mediated glucose uptake and increasing HDL and apolipoprotein concentrations by Facchini et al. (4) and Emberson et al. (5). Furthermore, alcohol has an appetitestimulating effect, and drinking sake moderately before or during a meal may help people enjoy the meal and consume the necessary nutrients by Schrieks et al. (6).

Various naturally occurring carbohydrates are present in sake by Tokuoka et al. (7) and Mi-19 20 mura et al. (8). The monosaccharide d-glucose is present in the body as blood sugar and is a 21 source of energy for physical activity by Remesar et al. (9). d-Alose, a rare sugar that acts as 22 the C-3 epimer of d-glucose, is structurally similar to d-glucose. d-Alose competes with glucose 23 for intestinal absorption via SGLT1, which regulates postprandial blood glucose levels by Kishida et al. (10). Therefore, it is not absorbed by GLUT5 and may reduce the increase in blood 24glucose levels. Raffinose is a sugar composed of galactose, glucose, and fructose, and is 25widely present in cereals, pulses, vegetables, fruits, and other higher plants as a raffinose 26 family oligosaccharide by Muzquiz et al. (11) and Zartl et al. (12). It improves the balance of 27 28 the intestinal microflora by promoting the growth of bifidobacteria and lactic acid bacteria in the

human intestine and reducing harmful bacteria by Fernando et al. (13). Furthermore, sake is 1 2 a fermented food made from rice and has been reported to contain many components, including amino acids, phenolic compounds and kojic acid, which have whitening properties by 3 Okuda et al. (14), Gogami et al. (15) and Bentley et al. (16). Amino acids are components of 4 the body. They include non-essential amino acids synthesized in the body and essential amino 5 acids obtained from the diet. For example, the branched-chain amino acids valine and leucine 6 are essential amino acids that promote muscle protein synthesis, whereas glutamic acid is a 7 non-essential amino acid that acts as a flavor component by Santos et al. (17) and Kurihara et 8 al. (18). Ferulic acid, a phenolic acid, is an antioxidant present in rice by Ito et al. (19). 9

10 Ion chromatography is used to analyze carbohydrates by Mitomo et al. (20). Our laboratory previously reported a method for the determination of carbohydrates in fruit wine using a core-11 12 shell column and an electrochemical detector (ECD), which can be used in the brewing sector as a simple and effective method for assessing carbohydrate content by Yoshimura et al. (21). 13 Amino acid analysis is used to evaluate the amino acid content of proteins in foodstuffs and 14 herbal medicines by Conde et al. (22). Therefore, it is used for evaluating the amino acid con-15 16 tent of rice wine. It can also be conjectured that the unique texture of rice wines, such as viscosity, differs depending on fermentation and production processes. 17

Recently, several breweries have been locally producing rice wine. These breweries together 18 19 form a local industry. A facility for easily assessing the characteristics of locally produced rice 20can help revitalize the local wine industry by providing it with a health-oriented approach. This 21 is expected to allow people to enjoy rice wines in keeping with traditional Japanese culture 22 while promoting the development of regional wine industries amidst growing health conscious-23 ness. In this study, carbohydrate, amino acid, viscosity, texture, and antioxidant tests were conducted on three different types of rice wines made from sake rice procured from a brewery 2425in Saitama to examine their characteristics.

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#### 28 MATERIALS AND METHODS

## 1 Materials

Three types of rice wines were purchased from a brewery in Moroyama (Saitama, Japan) and used as samples A, B, and C (Table 1). Special-grade glucose was purchased from Fujifilm Wako Pure Chemical Corporation (Tokyo, Japan). Allose and Raffinose were supplied by Matsutani Chemical Industry Co., Ltd. All other reagents (special grade) were purchased from Fujifilm Wako Pure Chemical Corporation (Tokyo, Japan).

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## (Table 1)

## 8 Methods

## 9 Preparation of freeze-dried material

Samples A, B, and C were prepared at 40 °C and 25 mbar after solvent evaporation of the alcohol (Rotavapor R-215, Buchi, Switzerland), and the resulting solutions were freeze-dried.

#### 13 LC measurement

An electrochemical detector (ECD: SU-300, DKK-TOA) was used, with 0.1 mol/L NaOH as mobile phase, a column temperature of 25 °C, flow rate of 0.3 mL/min, an AS8020 autosampler (Tosoh), and a sample injection volume of 20  $\mu$ L. The columns were ion-exchange columns with a core-shell type filler and reacted with amines (S-30/70=St (styrene)/DVB (divinylbenzene)-5TMDAH (tetramethyldiaminohexane);  $\varphi$ 4.6 mm × 150 mm by Yoshimura et al. (21). The theoretical plate numbers (N) of the samples were determined using the internal processing program of the system.

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## 22 **Preparation of standard solutions**

Standard solutions were prepared by weighing approximately 20 mg each of glucose, allose, and raffinose and preparing a 200  $\mu$ g/mL solution using 100 mL of distilled water. Each concentration (1.25  $\mu$ g/mL, 2.5  $\mu$ g/mL, 5  $\mu$ g/mL, 10  $\mu$ g/mL, 20  $\mu$ g/mL, and 40  $\mu$ g/mL) was then prepared for calibration curve measurements.

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## 28 Preparation of rice wines sugar samples in LC

1 A sample solution of 5 g of each rice wine was weighed and diluted 25, 000-fold with distilled 2 water to determine the carbohydrate content.

3 2.2.5 Evaluation of the validity of LC measurements

The glucose, allose, and raffinose levels were quantified using standard solutions and evaluated by calculating the linearity as well as the square of the correlation coefficient (R) of the calibration curve for each sample ( $R^2$ ) (N = 12). The limits of detection (LOD) and quantification (LOQ) were calculated. Reproducibility and precision were assessed using the relative standard deviation (RSD) with known concentrations of glucose, allose, and raffinose, each measured repeatedly for N = 12. The LOD and LOQ were calculated using the following equations: LOD =  $3.3 \times (s/a) \cdots$ eq. 1

11 LOQ = 10 × (s/a) ···eq. 2

12 s: SD of the intercept for the calibration curve.

13 a: slope of the calibration curve.

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## 15 **Determination of amino acids**

Freeze-dried samples A, B, and C were dissolved in 10 mL of distilled water, filtered through a 0.45 µm filter, and diluted 2-fold with buffer for amino acid analysis as the measurement sample. Amino acids were determined using a JLC-500/V instrument (Japan Information Processing Service Co., Ltd., Tokyo, Japan).

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#### 21 Sugar content determination

22 The sugar contents of samples A, B, and C were measured using a Master-M (Atago Co.,

23 Ltd., Tokyo, Japan) at 25 °C (N = 3).

24

## 25 pH measurement

The pH values of samples A, B, and C were measured using a Horiba pH Meter F-51 (Tokyo, Japan) (N = 3).

#### 2 Surface tension measurement

The sample solutions were prepared using 5 mL each of Samples A, B, and C, weighed in cm-diameter Petri dishes. Measurements were performed using a DY500 High Performance Surface Tensiometer (Kyowa (Dyne Master, Kyowa Interface Science Co., Ltd., Saitama, Japan)) at 25 °C (N = 3). In addition, a 15% ethanol solution and distilled water were used as reference samples.

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# 9 Viscosity measurement

Samples A, B, and C (10 mL each) were weighed in a measuring cup to prepare the sample solution. The temperature was gradually increased from 10 °C to 40 °C, and the change in viscosity was measured. The measurements were performed using an SV-10/SV100 (A&D, Tokyo, Japan) (N = 3). The viscosities of a 15% ethanol solution and distilled water were measured as references. The measured viscosity curve was used to calculate the activation energy using the Andrade equation (eq. 3).

17 η; viscosity (mPa·s)

18 A; Ordinary number for viscosity

- 19  $\Delta E$ ; apparent activation energy (kJ)
- 20 R; gas constant (8.31 J/K·mol)
- 21 T; Absolute temperature (K)
- 22

Fourier transform infrared (FT-IR) absorption spectrum measurements and principal
 component analysis.

25 FT-IR was performed under the ATR method using a Jasco FT/IR-4600 (Jasco Corporation,

<sup>26</sup> Tokyo, Japan) under the following measurement conditions: a wave number of 4,000–450 cm<sup>-1</sup>,

1 scanning time of 16 s, and resolution of 4 cm<sup>-1</sup>. IR spectra were used for principal component
2 analysis by the PCA program (Jasco Corporation, Tokyo, Japan).

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- 4

## 5 **DPPH radical test**

A 50 µM solution of 2,2-Diphenyl-2-picry-hydrazyl (DPPH) dissolved in methanol and each 6 sample at different concentrations were added to a microplate at a volume ratio of 1/1 (50 µL 7 DPPH solution and 50 µL distilled water/100 µL sample). The control was 100 µL of wa-8 ter/methanol (1/1) added instead of the sample. Incubation was carried out for 5 min at 37 °C 9 and light-shielded using a Spectra Max microplate reader (Molecular Devices), and absorb-10 ance was measured at a wavelength of 517 nm. The inhibition percentage was calculated from 11 12 the absorbance obtained, and the 50% inhibition concentration was determined. The methanol/DPPH methanol solution mixture (1/1) was considered 0% radical removal (A0), and the 13 water/methanol (1/1) mixture was considered 100% radical removal (blank). The rate of DPPH 14 radical-scavenging activity was calculated using the following equation: 15

16

17 Radical scavenging activity = [1- (As-Br) / (A0-Br)] × 100 ··· eq. 4

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## 19 Statistical analysis

Data are expressed as the mean ± standard deviation (S.D.). Comparisons between experimental groups were assessed with the Tukey test, a one-way ANOVA multiple comparison test with p<0.01 for significant differences.

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#### 24 **RESULTS AND DISCUSSION**

## 25 Confirmation of conditions for determination of sugars using ECD

Carbohydrate and amino acid content are useful benchmarks for health-conscious consumers when selecting rice wines. Therefore, we measured the glucose, allose, and raffinose levels in samples A, B, and C. Representative chromatographs of glucose, allose, and raffinose are shown in Fig. 1, with specific peaks at retention times of 13.51 min, 15.58 min, and 19.26
 min for glucose, allose, and raffinose, respectively.

3

(Fig. 1)

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#### 5 Validity of LC measurement

The linearity of the calibration curves for each concentration of glucose, allose, and raffinose 6 and the corresponding correlation coefficient ( $R^2$ ) were calculated (Table 2). The LOD and LOQ 7 were calculated from the calibration curves. The peak separation was evaluated by calculating 8 the resolution (Rs). For reproducibility and precision evaluation, repeated measurements (N = 9 12) were performed, and the relative standard deviations (RSD) were calculated. The calibra-10 tion curves for glucose, allose, and raffinose had R<sup>2</sup> values of 0.998, 0.999, and 0.999, respec-11 12 tively, with good linearity. The LOD (s/a = 3.3) and LOQ (s/a = 10) were: glucose: 0.29 ng/mL and 0.89 ng/mL, respectively; allose: 0.24 ng/mL and 0.72 ng/mL, respectively; and raffinose: 13 0.68 ng/mL and 2.07 ng/mL, respectively. The resolutions (Rs) of glucose, allose, and raffinose 14 were satisfactory at 2.10, 2.62, and 4.35, respectively. The degrees of separation were satis-15 16 factory for all the sugars, with Rs > 1.5. The RSD for glucose, allose, and raffinose were 1.88%, 1.12%, and 1.90%, respectively. The RSD values of less than 5% for all sugars confirmed that 17 the reproducibility of this assay was good and sufficient accuracy was achieved. 18

19

## (Table 2)

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## 21 Determination of carbohydrates in each rice wine

The sugar content of each rice wine is listed in Table 3. The glucose contents in Samples A, B, and C were 3.47 g/100 g, 3.45 g/100 g, and 7.05 g/100 g, respectively. Sample C contained approximately twice the amount of glucose compared to Samples A and B. The allose contents in Samples A, B, and C were 1.60 g/100g, 1.63 g/100g, and 1.61 g/100g, respectively. The raffinose contents in Samples A, B, and C were 2.14 g/100g, 2.75 g/100g, and 1.49 g/100g, respectively, indicating that Samples A and B contained approximately 1.5 times more raffinose than Sample C. Allose is generally known for its antioxidant, anti-inflammatory, and anti-tumor

effects by Gao et al. (23), Gao et al. (24) and Tohi et al. (25). Raffinose has been reported to 1 2 balance the intestinal microflora in humans and inhibit biofilm formation by the Streptococcus species in the human oral cavity by Zartl et al. (12), Fernando et al. (13) and Ham et al. (26). 3 Thus, allose and raffinose have health benefits. Regarding blood glucose levels, although glu-4 5 cose, a monosaccharide, works to raise and maintain blood glucose, allose competes with glucose in SGLT1 in the small intestine, and raffinose is not broken down from trisaccharides 6 7 because humans do not have the required digestive enzymes for its breakdown by Kishida et al. (10) and Muzquiz et al. (11). Thus, allose and raffinose are less likely to increase blood 8 glucose. Therefore, Samples A and B are less likely to elevate blood glucose compared to 9 Sample C. From the results, samples A and B have higher raffinose contents than Sample C. 10 Thus, we have demonstrated that the difference between rice wines A, B, and C can be eval-11 12 uated in terms of carbohydrates that contribute to human health and that ECD is a useful and simple device for the determination of carbohydrates. 13

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(Table 3)

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#### 16 Amino acid analysis

17 Amino acid analysis is a widely used method for evaluating the amino acid content of proteins in crude and processed foods by Tanase et al. (27). Therefore, amino acid measurements 18 were performed for Samples A, B, and C, and the results are shown in Table 4. From this 19 20analysis, the total amounts of amino acids in samples A, B, and C were 3.1 µmol/mL, 3.5 21 µmol/mL, and 4.4 µmol/mL, respectively. Furthermore, different types of amino acids varied in 22 content in Samples A, B, and C. The various amino acid contents in Samples A, B, and C were: glutamic acid (0.25 µmol/mL, 0.28 µmol/mL, and 0.35 µmol/mL); alanine (0.58 µmol/mL, 0.78 23 µmol/mL, and 0.9 µmol/mL); valine (0.14 µmol/mL, 0.21 µmol/mL, and 0.23 µmol/mL); leucine 24(0.23 µmol/mL, 0.25 µmol/mL, and 0.32 µmol/mL); histidine (0.01 µmol/mL, 0.04 µmol/mL, and 250.07 µmol/mL); and arginine (0.03 µmol/mL, 0.17 µmol/mL, and 0.47 µmol/mL). Glutamic acid 26 27has been reported to contribute to taste and acidity, and alanine to acidity and bitterness by 28 Kurihara et al. (18) and Tanase et al. (27). Valine and leucine are branched-chain amino acids

that comprise muscle proteins and contribute to motor functions. The intake of branched-chain 1 2 amino acids can help reduce sarcopenia, a disease that causes a decrease in total body muscle mass and muscle strength with aging by Mantuano et al. (28). Histidine is an essential 3 amino acid that works on the sympathetic nervous system to break down fat by working on 4 nerve cells and is converted to histamine in the body by Sakata et al. (29). It is known to exert 5 both hepatoprotective and anti-inflammatory effects by Lee et al. (30). Arginine promotes 6 growth hormone secretion and increases muscle strength by Oh et al. (31). Moreover, it lowers 7 blood pressure through its vasodilating effect by Huynh et al. (32). Thus, in terms of flavor, 8 richness, and benefits to the body. Sample C contained more amino acids that are beneficial 9 10 to health than Samples A and B.

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(Table 4)

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## 13 Sugar content measurement

The sugar content of the wines was measured as a convenient sweetness index. The sugar contents of Samples A, B, and C were 10.3%, 10.0%, and 9.8%, respectively (Table 5). Regarding the carbohydrate content, Sample C had a higher glucose content than Samples A and B. However, the results of the sugar content measurement were considered to indicate the overall sugar content of each sample.

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#### (Table 5)

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## 21 pH measurement

The pH measurements were performed to determine the properties of the sample solutions. The pH values of Samples A, B, and C were 4.05, 4.24, and 4.32, respectively (Table 5). Generally, beverages with a pH value of less than 4 can cause acid erosion by Reddy et al. (33). Alcoholic beverages such as plum wine and wine have a pH of less than 4 and may dissolve teeth by Shin et al. (34). All three samples of rice wine, A, B, and C, had a pH of 4 or higher, suggesting that daily consumption of rice wine is unlikely to cause dental caries due to its acid content.

#### 2 Surface tension measurement

Surface tension measurements were performed to study the variation of viscosity across the 3 sample solutions (Table 5). The surface tensions of the samples were A: 43.20 mN/m; B: 44.08 4 mN/m; C: 43.90 mN/m; 15% ethanol: 43.35 mN/m; and distilled water: 71.42 mN/m. The sur-5 face tension of each sample is lower than that of distilled water due to the weakening of the 6 hydrogen bonds between the water molecules in the aqueous solution. Samples A, B, and C 7 exhibited lower surface tension values than 15% ethanol, and Sample A showed lower values 8 than Samples B and C. This suggests that the composition of the rice wines lowered the sur-9 face tension and that the differences among the samples were due to differences in their com-10 positions. Although it was thought that sugar mass affected surface tension, no relationship 11 12 was observed between sugar mass and surface tension.

13

#### 14 Viscosity measurement

15 The change in the viscosity of each sample solution with temperature was measured (Fig. 16 2 (X)), and the apparent activation energy ( $\Delta E$ ) was calculated using the Andrade equation. The viscosities of Samples A, B, and C at 10 °C were 2.81±0.03 mPa·s, 2.74±0.06 mPa·s, 17 and 2.69±0.03 mPa·s, respectively and those of 15% ethanol and distilled water were 2.34±0 18 19 mPa·s and 1.36±0.03 mPa·s, respectively. The higher viscosity values of the wine samples were due to hydrogen bonding between alcohol and water. The value for Sample A was higher 20 21 than that for Sample C, probably because of stronger intermolecular interactions in the solution 22caused by the included components. Thus, the Andrade equation, which expresses the relationship between viscosity and temperature, was used to evaluate the quality of the biofuels. 23 The values of  $\Delta E$  for the wine samples obtained from the Andrade equation, are useful for 24 quantifying the internal structural changes in solution and evaluating Japanese sake (rice wine) 2526 by Tate et al. (35). To calculate  $\Delta E$  from the Andrade equation, a graph of the logarithm of viscosity as a function of the reciprocal of absolute temperature was plotted (Fig. 2(Y)). The 27 ΔE values for Samples A, B, and C, calculated from the Andrade equation were 22.3±1.1 28

1 kJ/mol, 22.0 $\pm$ 0.2 kJ/mol, and 21.3 $\pm$ 0.5 kJ/mol, respectively. The slope of the straight line cor-2 responding to Sample C is more gradual than that for Samples A and B. Sample C showed a 3 lower  $\Delta$ E value than A and B even when the temperature changed from 10 to 40 °C. This 4 suggests that wine quality is less likely to change with temperature. Moreover, the differences 5 in the internal structural changes in the rice wine solutions were evident.

6

# (Fig. 2)

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# 8 <sup>1</sup>H-NMR measurement

9 Generally, the spectral area obtained by <sup>1</sup>H-NMR measurement is proportional to the number of protons, which is used for qualitative analysis. We measured <sup>1</sup>H-NMR to comprehen-10 sively analyze the components and contents of each rice wine (Fig. 3). Signals around 1 ppm 11 12 were attributed to branched-chain amino acids, around 3-5 ppm to carbohydrates, amino acids, and organic acids, and around 7-8 ppm to aromatics. In the 7-8 ppm range, signals were 13 observed at A: 8.03, 8.06, and 8.51 ppm; B: 7.73, 7.95, 8.06, and 8.51 ppm; and C: 7.73, 7.83, 14 and 8.51 ppm, confirming the presence of various aromatic compounds in these samples. The 15 16 signal area at 2.45 ppm was taken to be 1, and the integral ratios at each chemical shift for A, B, and C around 1 ppm were 75.62, 29.60, and 42.40, respectively; at 3-5 ppm, they were 17 473.57, 440.2, and 437.92, respectively, and 1.02, 0.69, and 0.83. Although fragmentary, the 18 NMR spectra revealed differences in the contents of carbohydrates, amino acids, organic acids, 19 20 and aromatic compounds in the samples.

21

## (Fig. 3)

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## 23 Fourier transform infrared (IR) absorption spectroscopy

FT-IR spectra are useful for evaluating the attributes of functional groups in foods, herbal medicines, or other products and assessing the quality of the products. Therefore, FT-IR measurements of glucose, allose, and raffinose in Samples A, B, and C were conducted using their freeze-dried samples to comprehensively analyze the components contained in each rice wine (Fig. 4). The following peaks were observed from the measurement of sugars alone: glucose:

3394, 3303, 1148, 1111, 1078, 1050, 1023, 997, 916, and 839 cm<sup>-1</sup>; allose: 3489, 3379, 3338, 1 1168, 1123, 1094, 1081, 1031, 947, 896, and 885 cm<sup>-1</sup>; and raffinose: 3943, 3294, 3220, 1148, 2 1094, 1075, 1049, 1031, 999, 966, 938, 875, 861, and 833 cm<sup>-1</sup>, respectively (Table 6). The 3 peaks derived from the -OH group in Samples A, B, and C were identified at 3375 cm<sup>-1</sup>, 3367 4 cm<sup>-1</sup>, and 3376 cm<sup>-1</sup>, respectively. The peaks derived from water in Samples A, B, and C were 5 observed at 1634 cm<sup>-1</sup>, 1626 cm<sup>-1</sup>, and 1635 cm<sup>-1</sup>, respectively. The peaks associated with the 6 7 C-O-C of sugar for Samples A, D, and C were observed at 1048 cm<sup>-1</sup>, 1047 cm<sup>-1</sup>, and 1046 cm<sup>-1</sup>, respectively. However, because the differences among the samples were difficult to dis-8 tinguish visually, principal component analysis was performed using the IR spectra of Samples 9 10 A, B, and C.

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(Fig. 4)

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#### 13 Principal component analysis (PCA) using FT-IR spectra.

14 PCA is used to separate major component spectra from multiple component spectra and to identify components (principal components: PC) that characterize the differences in the spec-15 16 tra. Therefore, a PCA was performed using the IR spectra shown in Fig. 5. In the PC1-PC2 plot A, B, and C were found to cluster at a value of 10 on the PC1 axis. In contrast, for the 17 PC2 axis, a separation of plots was observed around A = 0, B = -0.5, and C = 0.7. In the PC2-18 PC3 plot, the separation of the A, B, and C plots by PC2 was confirmed near A = 0.2 and B 19 20 and C = -0.1 against the PC3 axis. In the PC1-PC3 plots, the separation of plots due to PC1 21 was not observed, but a separation of Samples A, B, and C due to PC3 was observed. The 22 FT-IR spectra of PC1, PC2, and PC3 are shown (Fig. 5) to infer which PC1, PC2, and PC3 were derived from the difference in functional groups. For PC1, a water-derived peak was 23 24observed at 3304 cm<sup>-1</sup>, and sugar-derived peaks were observed at 1048, 1094, 1075, and 251013 cm<sup>-1</sup>. In the FT-IR results for sugar alone, these peaks were consistent with those of 26 glucose and raffinose. These findings suggest that although PC1 showed peaks derived from 27glucose and raffinose, the samples were not separated because of the large influence of water, 28 which is common to all samples. PC2 showed peaks at 3363 cm<sup>-1</sup> derived from the -OH group,

3203 cm<sup>-1</sup> derived from the -NH group, and 1646 cm<sup>-1</sup> derived from the -OH due to water 1 2 content. Thus, the separation of samples by PC2 in the principal component plot may represent differences in the amino acids and aromatic compounds. PC3 peaks derived from the -CH 3 group were observed at 2973 and 2887 cm<sup>-1</sup>; peaks derived from the C=O group of carboxylic 4 acids were observed at 1739 and 1720 cm<sup>-1</sup>; and peaks derived from sugars were observed 5 at 1151, 1086, 1040, 937, and 879 cm<sup>-1</sup>. The sugar chromatogram confirmed the presence of 6 carbohydrates other than glucose, allose, and raffinose, suggesting the presence of carbohy-7 drates and structures other than glucose, allose, and raffinose in PC3. 8

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(Fig. 5)

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#### **11 DPPH radical scavenging test**

12 Rice wine is known to contain antioxidants such as ferulic acid by Ito et al. (19). In addition, <sup>1</sup>H NMR measurements showed differences in the chemical shifts and integration ratios in the 13 aromatic region among the samples, which may also affect their antioxidant capacities. There-14 fore, a DPPH radical scavenging test was conducted to confirm the antioxidant capacities of 15 16 Samples A, B, and C. Ascorbic acid (ASC) was tested in the same manner for comparison. The IC<sub>50</sub> inhibitory concentrations were A: 2364.7 $\pm$ 185.3 µg/mL, B: 3041.9 $\pm$ 355.1 µg/mL, C: 17 3842.7±228.1 µg/mL, and ASC: 0.98±0.04 µg/mL (Fig. 6). The IC<sub>50</sub> of Sample A was signifi-18 cantly lower than those of Samples B and C (p<0.01), and the IC<sub>50</sub> of Sample B was signifi-19 20 cantly lower than that of Sample C (p<0.01). Although the IC<sub>50</sub> values of Samples A, B, and C 21 were very high compared to the IC<sub>50</sub> value of ASC, differences in the comprehensive antioxidant capacity were observed. Because sake rice is reported to contain ferulic acid, an antioxi-22 23 dant, and a substance related to beauty, this indicates differences in the antioxidant capacities 24of the samples due to the presence of diverse antioxidants By Ito et al. (19). Hirotsune et al. 25reported that ethylglucoside suppressed barrier breakdown by promoting keratinocyte differ-26 entiation by Hirotsune et al. (36). In this study, substances exhibiting antioxidant activity have 27 not been analyzed in detail. However, the results of the <sup>1</sup>H NMR and IR measurements and DPPH tests were used to verify the comprehensive antioxidant capacity. Further detailed verification of the components responsible for antioxidant activity should be conducted in the future. In this study, samples of rice wine (Japanese sake) from a sake brewery in Saitama Prefecture, Japan, were used as a case study. Sake has a unique flavor owing to the complex combination of rice, yeast, preparation water, and local temperature. We will continue to evaluate the physical properties of sake through instrumental analysis to provide greater information to people worldwide on what components give rice wine its taste.

8 In this study, the differences in the carbohydrate and amino acid contents of rice wines were measured. The results of the viscosity measurements revealed differences in the internal struc-9 tural changes in the solution state owing to the differences in  $\Delta E$  calculated from the Andrade 10 equation. Furthermore, <sup>1</sup>H NMR, IR, and antioxidant tests revealed differences in the sub-11 12 stances affecting the antioxidant capacity of rice wine (sake). Finally, differences in rice and production methods were shown to affect the characteristics of rice wine, which is drunk as 13 part of traditional Japanese culture. In other words, the differences between products can be 14 identified by examining the physicochemical properties of rice wine (sake). This study is ex-15 16 pected to serve as a foundation for understanding the health aspects of rice wines and boosting the local wine-making industry. 17

18

#### (Fig. 6)

19

#### 20 ACKNOWLEDGMENTS

The authors wish to thank Matsutani Chemical Industry Co. for providing allose and raffinose samples. We would also like to thank Ms. Mika Futaki for helping with the viscosity measurements. We would like to thank the Laboratory of Nutri-Pharmacotherapeutics Management, Josai University, for their research support while taking measures against COVID-19 (SARS-CoV2) infection. The authors declare no conflict of interest. This research received no external funding.

27

#### 28 Abbreviations

- 1 FT-IR: Fourier Transform Infrared
- 2 DPPH: 2,2-Diphenyl-2-picry-hydrazyl
- 3 SGLT1: sodium/glucose cotransporter 1
- 4 GLUT5: glucose transporter 5
- 5 ECD: Electrochemical detector
- 6 LOD: Limit of detection
- 7 LOQ: Limit of quantification
- 8 RSD: Relative standard deviation
- 9 ATR: Attenuated Total Reflection
- 10 PCA: Principal component analysis

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1	Figure legends
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28	PC1 (b) PC2 (c) PC3.

- 1
- 2 Fig. 6 IC<sub>50</sub> of sample A, B and C in a DPPH radical scavenging test. Values are the mean  $\pm$ S.D.
- 3 (n=3) \*\*P<0.01 (Tukey test)

Sample	Alcohol content (%)	Rice polishing ratio (%)	Sake degree	Amino acid (mL)	Acidity (mL)	Raw materials
А	16	60	+1	0.8	1.6	Rice (100% Sake musashi produced in Saitama), rice koji (produced in Saitama)
В	15	60	+1	0.8	1.4	Rice (100% Yamada nishiki produced in Saitama), rice koji (produced in Saitama)
С	15	60	+2	1.5	1.4	Rice (produced in Japan), rice koji (produced in Japan)

Table 1 Raw materials of rice wine A, B and C.

23) https://www.musashino-asahara.jp.

Standard aubatanaa	<b>D</b> <sup>2</sup>	Pa		LOD (ng/mL)	LOQ (ng/mL)
Standard Substance	R	K5	K3D (%)	3.3s/a	10s/a
Glucose	0.998	2.10	1.88	0.29	0.89
Allose	0.999	2.62	1.12	0.24	0.72
Raffinose	0.999	4.35	1.90	0.68	2.07

Table 2 Validation of the methods.

s: SD of absorbance of blank sample (n=12).

a: The slope of the calibration curve near the detection limit

Sample Glucose (g/100g)		Allose (g/100g)	Raffinose (g/100g)
А	3.47±0.03	1.06±0.03	2.14±0.04
В	3.45±0.02	1.63±0.02	2.75±0.05
С	7.05±0.04	1.61±0.01	1.49±0.04

Table 3 Contents of Glucose, Allose, and Raffinose in Sample A, B and C.

		1					
Amino acid (µmol/mL)	A	В	С	Amino acid (µmol/mL)	А	В	С
PEA	0	0.01	0	lle	0.09	0.10	0.12
Asp	0.12	0.11	0.15	Leu	0.23	0.25	0.32
Thr	0.07	0.05	0.08	Tyr	0.13	0.17	0.19
Ser	0.15	0.11	0.17	Phe	0.08	0.10	0.13
Asn	0.12	0.08	0.12	GABA	0.04	0.04	0.05
Glu	0.25	0.28	0.35	MEA	0.44	0.36	0.38
Gly	0.5	0.53	0.51	Orn	0.02	0.01	0.04
Ala	0.58	0.78	0.9	His	0.01	0.04	0.07
Val	0.14	0.21	0.23	Lys	0.09	0.08	0.14
Cys	0.02	0.03	0.02	Arg	0.03	0.17	0.47

Table 4 Contents of Amino acid in Sample A, B and C.

Sample	Brix (%)	рН	Surface tension (mN/m)
А	10.3 ± 0.1	4.05 ± 0.02	43.20 ± 0.33
В	$10.0 \pm 0.0$	$4.24 \pm 0.03$	44.08 ± 0.23
С	$9.8 \pm 0.0$	$4.32 \pm 0.03$	43.90 ± 0.33

Table 5 Brix, pH, Surface tension of sample A,B and C.

Table 6 FT-IR peaks of Glucose, Allose and Raffinose.

Compound	IR (cm <sup>-1</sup> )
Glucose	3394, 3303, 1148, 1111, 1078, 1050, 1023, 997, 916, 839
Allose	3489, 3379, 3338, 1168, 1123, 1094, 1081, 1031, 947, 896, 885
Raffinose	3943, 3294, 3220, 1148, 1094, 1075, 1049, 1031, 999, 966, 938, 875, 861,833







Figure.2



Figure. 3



Figure. 4



Figure. 5



Figure. 6