

1 Prevalence of antibiotic-resistant *Escherichia coli* exceeds that of
2 antibiotic-resistant coliforms in an urban river in Japan.

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Abstract

Coliforms and *Escherichia coli* are widely used as fecal indicator bacteria (FIB) in water-quality assessments. However, the potential of these bacteria to act as reservoirs of antimicrobial resistance (AMR) in urban rivers remains insufficiently characterized. This study investigated the dynamics of coliforms and *E. coli* in the Hirano River, an urban river in Osaka, Japan. Sampling was conducted over a 1-month period, including during a combined sewer overflow (CSO) event, and samples were analyzed using CHROMagar™ ECC medium for enumeration and to test resistance to ampicillin and tetracycline. Both coliforms and *E. coli* counts increased by more than two orders of magnitude following CSO discharge, indicating that untreated sewage substantially contributed to fecal contamination. Despite the higher abundance of coliforms, *E. coli* exhibited markedly greater resistance ratios, emphasizing its key role in the dissemination of environmental AMR. These findings highlight the importance of *E. coli* as both an FIB and a reservoir of antibiotic resistance in urban river systems.

Keywords

Antimicrobial resistance, combined sewer overflow, *E. coli*, coliform, CHROMagar™ ECC,

Introduction

Waterborne pathogens are introduced into aquatic environments primarily through fecal contamination (Cui et al. 2019; Rochelle-Newall et al. 2015). To evaluate fecal contamination and assess water safety, culture-based detection of fecal indicator bacteria (FIB) has widely been used (Lange et al. 2013; McConn et al. 2024). Historically, the abundance of coliforms in aquatic environments has been considered an indicator of fecal contamination, but their reliability as proxies for pathogenic microorganisms is limited by environmental factors and non-fecal sources (Chavarria et al. 2024). Because some coliforms can be found naturally in soil and water, they are considered less-specific indicators of fecal pollution (Baudišová 1997). *Escherichia coli* is a coliform species whose only habitat is the intestine, and it survives only a

short time outside the host. With the development of *E. coli*-specific media for aquatic samples, enumeration of *E. coli* has become the standard method for assessing fecal contamination, offering greater specificity and reliability than total coliform counts (Kemper et al. 2023).

It is important to detect and quantify *E. coli* and other fecal coliforms not only as indicators of human health risks posed by co-occurring enteric pathogens, including virulent coliform strains but also because of their role as carriers of antibiotic resistance genes (Nnadozie and Odume 2019). Pathogenic bacteria that have acquired antimicrobial resistance (AMR) continue to pose a significant threat to public health (Castaneda-Barba et al. 2024). Recognizing this, the World Health Organization (WHO) has emphasized the need to understand the environmental dynamics of AMR within the “One Health” framework. However, the behavior and distribution of antibiotic-resistant bacteria in aquatic environments remain poorly characterized (WHO 2021a).

Clinical surveillance data from Japan spanning 2014 to 2023 indicate that the annual prevalence of ampicillin resistance in *E. coli*, a β -lactam antibiotic is 49.2–52.6% (The AMR One Health Surveillance Committee 2024; JANIS 2024). Comparable resistance levels have been observed for other coliforms, with rates of 77.4–80.5% in *Klebsiella pneumoniae* and 79.0–82.9% in *Enterobacter cloacae*. These findings imply that environmental coliforms may serve as reservoirs of antibiotic resistance. The notably high resistance rates in clinical *K. pneumoniae* and *E. cloacae* underscore the importance of monitoring not only *E. coli* but also other coliforms as potential AMR reservoirs.

Although AMR is a growing global concern, research in aquatic environments has disproportionately focused on *E. coli*, with far fewer studies examining antibiotic-resistant coliforms more broadly. Characterizing resistance patterns among coliforms in river systems is essential to link clinical observations with environmental distributions, in line with the One Health framework.

In this study, we investigated the dynamics of *E. coli* and other coliforms in an urban river in Osaka, Japan. Using chromogenic agar media, we differentiated colonies of *E. coli* and coliforms while simultaneously assessing their AMR profiles. To establish baseline coliform counts, sampling was conducted continuously over a 1-month period. Additional sampling

during a combined sewer overflow (CSO) event enabled evaluation of the impact of sewage discharge on both the abundance and resistance levels of *E. coli* and coliform populations.

Methods and Materials

Sampling was conducted in October and November 2023 at a bridge over the Hirano River (34.63530°N, 135.54944°E), an urban waterway that flows through a densely populated urban area of Osaka City, Japan. A CSO discharge outlet is located 100 m upstream of the sampling point. In 2018, approximately 8.08×10^6 m³ of untreated wastewater was discharged from the outlet during 65 CSO events (Osaka Prefectural Government 2022). Meteorological data, including total precipitation, maximum intensity, and duration, were obtained from the Japan Meteorological Agency (<https://www.jma.go.jp/jma/>). On-site measurements of water temperature and pH were conducted using a pH meter (D-71, Horiba, Japan), while conductivity and dissolved oxygen (DO) levels were measured using a multiparameter meter (Multi 3420, WTW, Germany). River water samples were collected from a depth of 10–30 cm below the surface using a bucket attached to a rope. Sampling was performed at 11:00 a.m., and the collected samples were immediately stored in a cooler box with ice packs and transported to the laboratory. All experimental procedures were initiated within 6 h of sampling.

The abundance of *Escherichia coli* and total coliforms was quantified as colony-forming units (CFUs) using CHROMagar ECCTM chromogenic agar medium (Kanto Chemical, Japan), following ISO 9308–1:2014 guidelines (Anonymous 2014). Bacteria were captured on 0.45- μ m pore-size mixed cellulose ester filters (Advantec, Japan), which then were placed directly onto agar plates and incubated at 37°C for 24 h. Colonies of *E. coli* and coliforms were distinguished by color (blue and mauve, respectively) according to the manufacturer's specifications (Fig. 1). This differentiation is based on enzymatic activity: β -glucuronidase in *E. coli* cleaves a chromogenic substrate to produce a blue/blue-green color, while β -galactosidase in coliforms cleaves a separate substrate to yield a pink/red color (Lange et al. 2013).

To ensure that colony counts fell within the quantifiable range of 20–200 CFUs per plate, a

series of filtered volumes (0.01, 0.05, 0.1, 0.5, 1, 5, 10, 50, 100, 250, and 500 mL) was used for each sample. For volumes of less than 10 mL, 10 mL phosphate-buffered saline (PBS) was added to the filtration funnel and mixed prior to filtration. Each sample was analyzed in triplicate, and the results were expressed as CFUs per 100 mL. Mean values from the three replicates were used to calculate antibiotic resistance ratios.

Statistical analyses were performed using R version 4.5.1. Differences in *E. coli* and coliform counts were assessed using a generalized linear mixed-effects model (GLMM) implemented via the `lmer()` function in the `lme4` package, with bacterial type (*E. coli* or coliform) treated as a fixed effect and sampling date as a random intercept.

Results and Discussion

Figure 2 presents precipitation data and water quality parameters measured at the Hirano River during the sampling period. It rained on four separate occasions. Overall, water quality parameters remained relatively stable, except for a pronounced decline in conductivity and DO on November 11. Based on threshold values established in a previous study (Matsui and Miki 2023), the rainfall events on November 6 and 10 were classified as strong and likely triggered CSOs. Sampling on November 8 was conducted 33 h after rainfall, while the November 11 sampling occurred just 15 h post-rainfall. The conductivity and DO values observed on November 8 may reflect attenuation of CSO effects, whereas the lower values on November 11 likely indicate the inflow of water with distinct quality characteristics.

On November 11, *E. coli* and coliform counts in the river increased by more than 100-fold compared to November 8 (Fig. 3), implying a substantial influx of FIB associated with CSO discharge under low conductivity and DO conditions. Similar patterns have been reported elsewhere: in the Seine River, *E. coli* and intestinal enterococci concentrations increased by two orders of magnitude following CSO events (Passerat et al. 2011), and McGinnis et al. (2018) found significant correlations between human *Bacteroides*, total coliforms, and recent CSO and rainfall events.

During the initial phase of CSO events, total suspended solids, which contribute to electrical conductivity, typically increase due to sewage influx. However, as stormwater dilutes the sewage fraction, conductivity tends to decrease (Al Aukidy and Verlicchi 2017). The decline in conductivity observed on November 11 may therefore reflect this dilution process. Despite the reduced conductivity, *E. coli* and coliform counts were two orders of magnitude higher than during dry-weather conditions. As noted in previous studies, conductivity may not serve as a consistent indicator of FIB abundance during CSO events (Lenaker et al. 2023; Passerat et al. 2011).

Spearman correlation analysis revealed a negative correlation between conductivity and DO and *E. coli* abundance, while correlations with coliform abundance were weaker (Fig. 4). These results imply that the environmental drivers influencing *E. coli* and coliform dynamics differ, although their temporal patterns appeared similar (Fig. 3).

Both coliforms and *E. coli* were consistently detected in the river, even during dry weather. Except during the November 11 CSO event, coliform counts ranged between 3.0×10^3 and 2.0×10^4 CFU/100 mL, while *E. coli* counts ranged between 1.0×10^2 and 5.0×10^2 CFU/100 mL (Fig. 3). A GLMM applied to $\log_{10}$ -transformed CFU data indicated that *E. coli* counts were statistically different from coliform counts (estimate = -1.58, 95% CI: -1.69 to -1.48, $p < 0.001$), being approximately 30 to 50 times lower on average. Thus, *E. coli* accounted for approximately 2–3% of the total coliforms in the Hirano River. Geomorphologically, the river belongs to the Yamato River system. Using the same CHROMagar ECC™, Uranishi et al. (2022) detected coliform levels ranging from 1.0×10^2 and 1.0×10^5 MPN/100 mL and *E. coli* levels from 1.0×10^1 and 2.0×10^3 MPN/100 mL at the Yamato River. The detection of similar coliforms and *E. coli* levels in our study implies that these bacteria may be indigenous to the Yamato River system.

Coliforms include various environmental species such as *Klebsiella*, *Enterobacter*, and *Citrobacter* (Leclerc et al. 2001), so their detection in river water is unsurprising. Although *E. coli* is emphasized in WHO guidelines on recreational water quality for its high specificity as an indicator (WHO 2021b), recent studies have documented its persistence and even naturalization in the environment independent of warm-blooded hosts (Jang et al. 2017;

Rumball et al. 2023). Reviews by Devane et al. (2020) and Korajkic et al. (2019) further explored the mechanisms underlying *E. coli* survival and adaptation in aquatic environments, although this aspect is beyond the scope of the present study.

Coliforms, particularly *E. coli*, play a central role in the acquisition, maintenance, and dissemination of antibiotic resistance genes (Anjum et al. 2021). High resistance ratios among other coliforms observed in clinical surveillance, such as *K. pneumoniae* and *E. cloacae*, imply that these species may also be key players in environmental AMR (JANIS 2024). Under the One Health framework, identifying major AMR carriers underscores the interconnectedness of human, animal, and environmental reservoirs. Therefore, to evaluate their contribution to environmental AMR, we assessed the prevalence of ampicillin and tetracycline resistance in coliforms and *E. coli* (Table 1). Three findings are noteworthy. First, ampicillin resistance was more prevalent than tetracycline resistance in both groups. A previous study in the Yasu and Hino rivers (Japan) similarly reported higher rates of ampicillin-resistant *E. coli* (average 25%) compared to tetracycline resistance (0–12%) (Ma et al. 2022), mirroring clinical trends in Japan (The AMR One Health Surveillance Committee 2024). In contrast, *E. coli* isolates from river and drinking water sources in Hangzhou, China, showed higher tetracycline resistance (42%) than ampicillin resistance (29%) (Chen et al. 2017), highlighting regional variation driven by antibiotic usage and environmental conditions.

Second, resistance ratios remained unchanged after the CSO discharge on November 11, despite bacterial counts increasing by more than two orders of magnitude. This implies that the resistance profile of the river water was similar to that of the CSO discharge. Untreated sewage typically contains large numbers of *E. coli* and serves as a major source of antibiotic-resistant strains in receiving waters (Lee et al. 2022; Sidrach-Cardona et al. 2014). While elevated levels of antibiotic resistance genes may reflect the influx of resistant bacteria following CSO input, our data did not indicate an unusually high prevalence of resistance in the CSO itself.

Third, *E. coli* exhibited significantly higher resistance ratios than other coliforms. Based on clinical surveillance, we anticipated high ampicillin and/or tetracycline resistance among

environmental coliforms such as *K. pneumoniae* and *E. cloacae*, but this was not supported by our findings. Although *E. coli* accounted for only 2–3% of the coliform population in the Hirano River, its elevated resistance levels emphasize its importance in AMR monitoring. The observed ampicillin resistance ratio in *E. coli* (16.2–32.4%) was slightly lower than hospital-associated levels (50.8% in 2023) (JANIS 2024), but consistent with other environmental reports (Ma et al. 2022). These results imply that *E. coli* is a key contributor to environmental AMR and that increases in its abundance may facilitate further AMR in aquatic ecosystems.

Conclusion

CSO events increased both coliform and *E. coli* counts by more than 100-fold, indicating that untreated sewage inflow is a major source of fecal contamination in the Hirano River. The consistent detection of *E. coli* under dry-weather conditions implies chronic contamination. Although *E. coli* represented only 2–3% of total coliforms, it exhibited significantly higher antibiotic resistance ratios than other coliforms. This underscores its role not only as an indicator of fecal pollution but also as a key carrier of antibiotic resistance in the Hirano River. Environmental parameters influencing *E. coli* dynamics may differ from those affecting coliforms. While the route of chronic contamination remains unclear, identifying its sources and understanding *E. coli* behavior in urban rivers is critical for mitigating the spread of environmental AMR under the One Health framework.

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227 **Conflicts of interest**

228 There are no conflicts of interest to declare.

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339

340 **Figure legends**

341 **Fig. 1.** Coliforms (mauve) and *E. coli* (blue) colonies on a membrane filter, as visualized using
342 CHROMagar ECC™. Nontarget organisms formed colorless colonies, were easily
343 distinguishable, and were excluded from analysis in this study.

344

345 **Fig. 2.** Temporal variation in daily rain and (a) water quality; (b) pH, (b) water temperature, (c)
346 conductivity, and (d) dissolved oxygen at the Hirano River sampling site.

347

348 **Fig. 3.** Temporal variation in colony formation units (CFUs) of coliforms (mauve) and *E. coli*
349 (blue) at the Hirano River sampling site.

350

351 **Fig. 4.** Spearman correlation matrix showing relationships between environmental parameters
352 and bacterial indicators. Positive correlations are shown in red, negative ones are shown in blue,
353 with color intensity proportional to correlation strength. Only the lower triangle of the matrix
354 is displayed for clarity.

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356

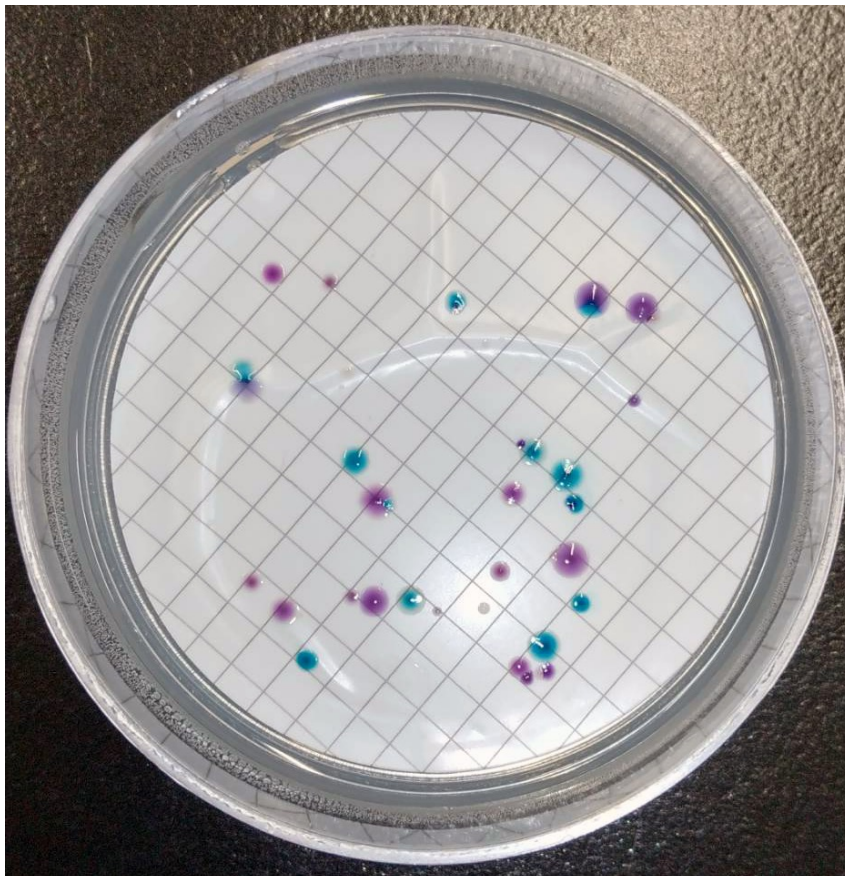


Fig. 1

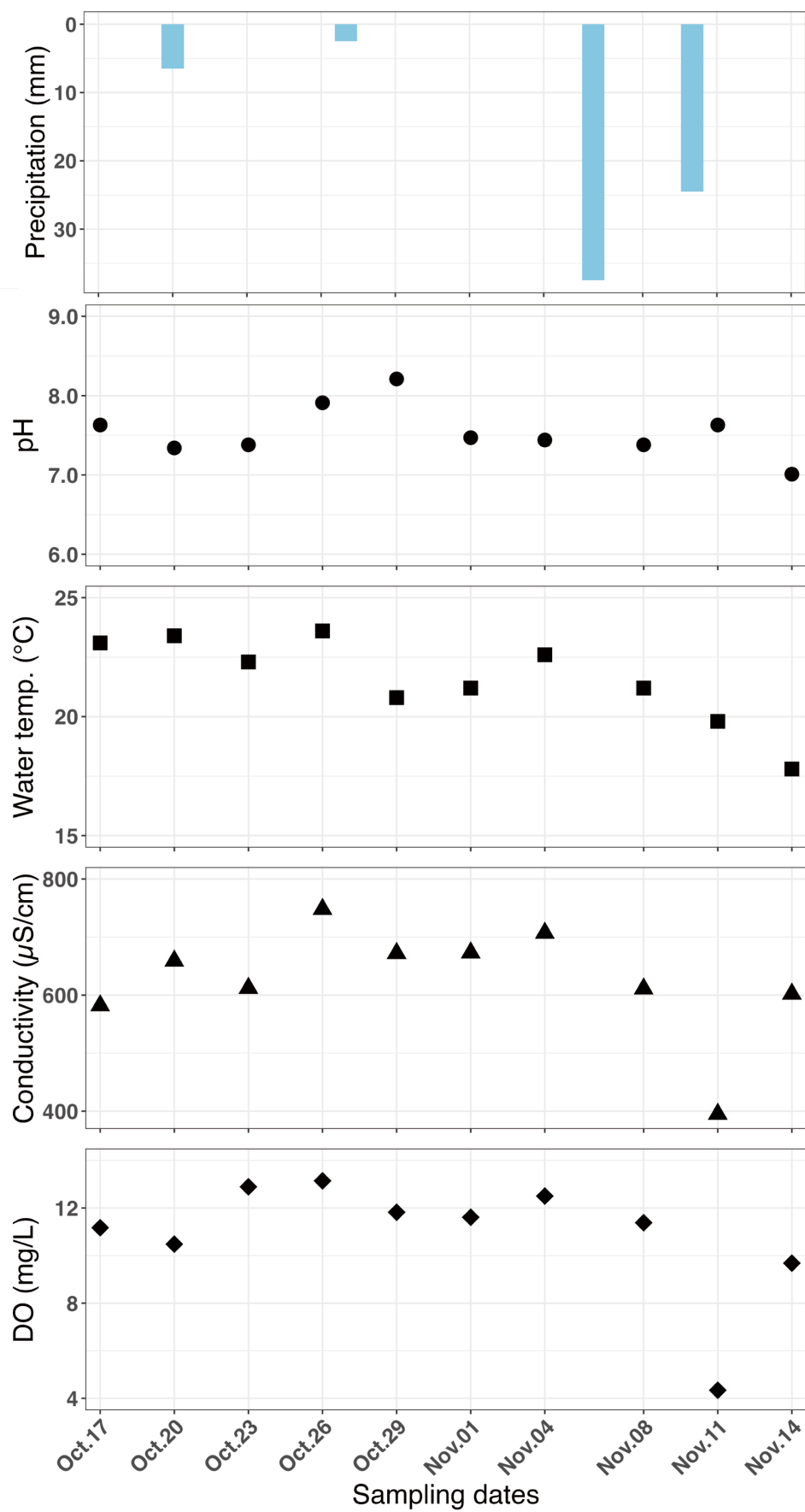


Fig. 2

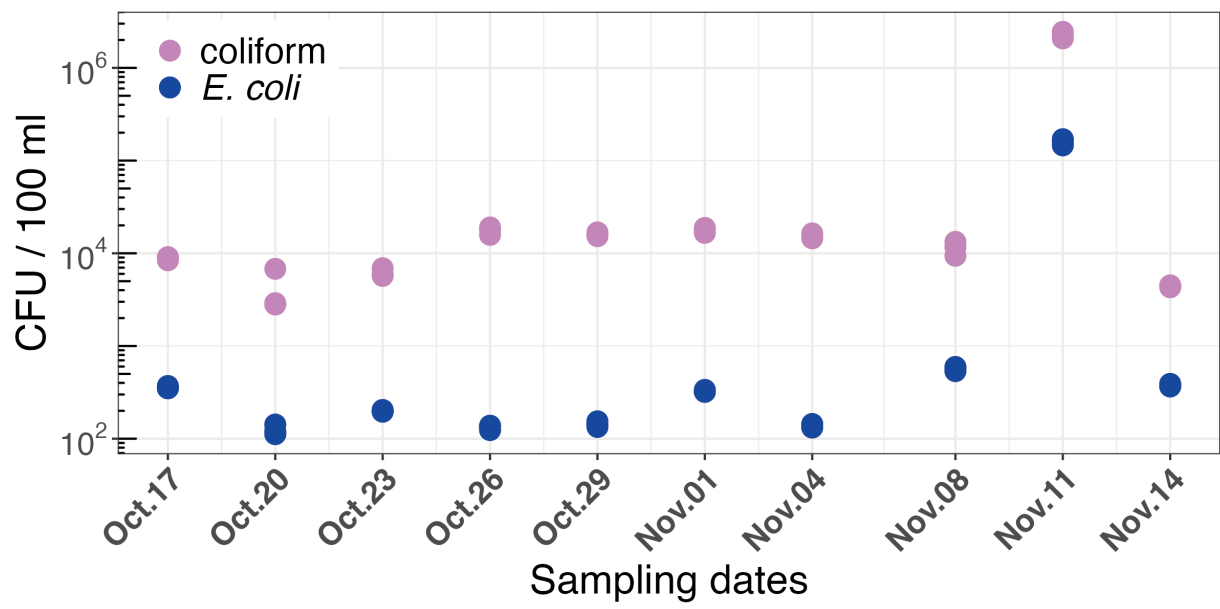


Fig. 3

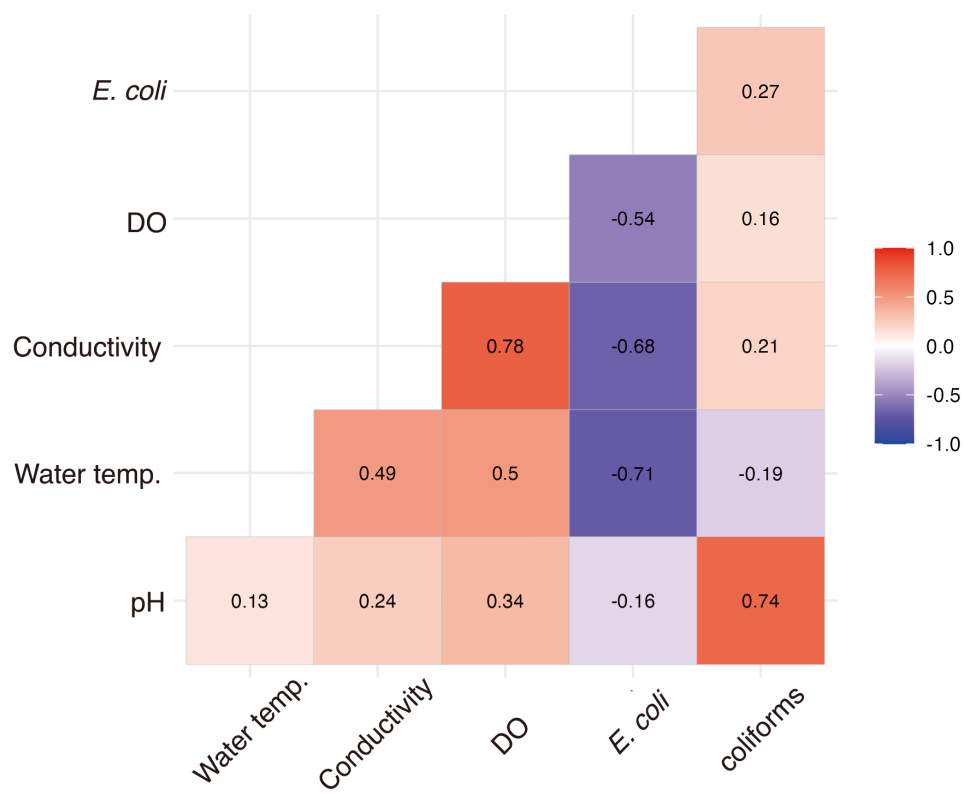


Fig. 4

Table 1. Antibiotic resistance rates of coliforms and *E. coli*

Sampling date	Ampicillin		Tetracycline	
	coliforms (%)	<i>E. coli</i> (%)	coliforms (%)	<i>E. coli</i> (%)
2023/10/17	3.1	18.8	0.9	9.1
2023/10/20	6.6	18.7	1.2	12.7
2023/10/23	4.2	27.4	0.6	13.9
2023/10/26	1.2	16.2	0.3	10.8
2023/10/29	0.7	14.4	0.2	14.0
2023/11/1	1.5	32.4	0.3	10.7
2023/11/4	1.8	28.0	0.2	12.3
2023/11/8	3.0	22.4	1.7	13.0
2023/11/11	7.6	28.2	0.5	9.1
2023/11/14	7.2	24.5	1.8	17.9

Table 1